

Capenhurst Running Club presents

CAPENHURST 10k starts at 11a.m.

at

Capenhurst Sports Ground Sunday 15th June 2008



also

1 Mile FUN RUN starts at 10.15 a.m.

&

medals to all finishers of the Fun Run



- ENTRIES ON THE DAY
- Awards to all Finishers.
- Postal Results service will be available at the cost of £1.00



PRIZES

Race Winner £50 Marks & Spencer voucher

1st MALE; 1st - Vet 0/40, 1st -Vet 0/ 50

1st FEMALE; .1st -Vet 0/35. 1st -Vet 0/ 40

Race entries to;— Race Sec- 8 Wenlock Gardens, Great Sutton, Ellesmere Port. CH66 2QZ.

Closing date — 9th June 2008.

Race Limit 250.

**Please enclose 9 x 4 S.A.E or NO ENTRY
Limited entries on the day**

www.capenhurstrc.co.uk

AGE Club-

North England Registration Number

Club Runner
Includes discount
£5.00

Non-club Runner
£7.00

Male Male Vet 0/40 Male Vet 0/50

Female Female Vet 0/35 Female Vet 0/40

Name -----

Address -----

tel; -----

I understand that the organisers will be in no way responsible for any injury, illness or loss of property incurred as a result of the event and I will abide by the UKA rules.

Fun Run £1.00
No Age Limit
Fun Run can enter on the Day

Parent/Guardian Signature

Signed. -----

entrant must be at least 16 years on the day of the race

NO S.A.E. NO ENTRY

Total amount enclosed; £.
cheques payable to 'Capenhurst Running Club'